

fce. TODAY

The Official Publication of the National Association for Family & Community Education

Many of the state presidents and members have requested a National Focus/National Program that can get us working together on a project and also be a vehicle in recruiting new members. The National Board executive committee has been working on this since last conference; brainstorming and researching; and have come up with a program that we feel will truly be a turning point for FCE. Ardyce Snyder, Vice President for Public Policy; Lynn Maples, President elect; and Judy Fullmer, Secretary, have been appointed to a committee to lead us in this worthy project.

National FCE has a long history of being on the cutting edge of making policy and working to better our Nations families. You remember our history; we were instrumental in getting hot lunches in the schools, we helped get the Book Mobile program started, and more recently we have lobbied and worked hard in our areas to get a rating system for TV programs. We also have a rich history of service to others in need.

We now have the opportunity to serve in another way. Several years ago the subject of Human Trafficking was brought up to the National Board, and the feeling at that time was that we were not ready for that type of program. The board feels that the time is ripe for us to take on this project. It is a very deep subject and has many facets, as well as far reaching effects in and on our society. We can no longer afford to turn our heads and pretend it doesn't exist. As one of our committee members put it "These are our daughters, granddaughters and our sisters." We have to act! It is not just children and women from India, China, or Russia, it is children and women right here in our towns and cities!

There will be several areas demonstrated at conference that members can use to become involved. We will share information on what to watch for as well as many different ideas for projects and educational items that we can implement in our areas. Some will be more involved than others. But the committee feels that there will be a way for every group, and or individual, to act on this project. Also in this newsletter is an article on our conference service project. It is another way you can become involved. This focus/project also falls right in line with ACWW resolutions.

Our Keynote speaker Thursday evening will be a young woman who was rescued and founded an organization working to rescue other children and women. We are excited to have her speak.

Our board members have been busy writing and working on their presentations for conference. Please see the articles elsewhere in the newsletter on FCL Day and the Hearth Fires being presented this year. We have some great workshops planned!

Tour information is included in this issue as well as some Meet the Board Articles. Also there is some information from the Nominating Committee about the positions that will be open for election this year. Please consider running for the National Board, it can be a very rewarding and satisfying experience, or if you know someone that would be a great asset to the board, please contact the committee.

Bonnie Teeples
National FCE President



A FCE T-Shirt Contest That Inspires & Educates

Focus of contest - Women's Heart Health
“Almost every minute a woman dies of cardiovascular disease”

This is your chance to design an educational, clever or memorable T-shirt.

Your National FCE Board Alumni is sponsoring this contest for our National FCE Conference in Blue Springs, Missouri this July. The contest is under the umbrella of **FCE** aids in **Funding Current Education**.

All FCE members are encouraged to decorate a T-shirt!
Easy contest rules -

1. This contest highlights how women can do anything men can do and some things we're even better at - dying of heart disease and stroke. Check websites such as WebMD Women's Heart Health quiz, American Heart Association or **Go Red** campaign for information and ideas. Or, look through your own family history.
2. On your T-shirt use family-friendly creative wording, inspirational sayings or slogans, simple pictures or drawings that impact and inspire. Your T-shirt could ask an educational question about women's heart health such as “Did you know _____?” with the answer on the back of your T-shirt. Or pay tribute to someone you treasure who dealt with cardiovascular disease.
3. Please place somewhere on each T-shirt **FCE** aids in **Funding Current Education**.
4. Use a white or light colored T-shirt for each of your entries. You may enter as many T-Shirts as you wish. Ask your local FCE group for ideas and produce more T-shirts.
5. Bring your T-shirts with you to conference. If you cannot attend please send them with someone who is attending or mail to Lynn before July 15.
Lynn Maples
204 Kenwood Drive
Doniphan MO 63935
6. There will be prizes and surprises. You need not be present to win.

Alumni Contest Committee - . Marian Hannon,
Martha Crawford, Sandy Medeiros, Karen Walker
and Anne Engen.

Questions contact anne.n.engen@gmail.com

Conference Service Project

Every year at conference we have been collecting items such as books and school supplies that we then donate to hospitals, schools and organizations that are involved in helping families.

This year for our conference service project we will be collecting items to make Gift Kits for **Veronica's Voice** in Kansas City. The founder of this organization will also be our keynote speaker Thursday night.

The following items have been suggested by **Veronica's Voice** as items that those rescued from **human trafficking** situations are most in need of in the safe houses.

The items for Gift Kits should be **Travel Size items** you can purchase in most stores:

Gift Card (food, Walmart, Target, Penny's, etc.)
Comb/Brush
Make Up ~ mascara, blush, lip gloss
Sanitary Supplies (Napkins, pads, tampons)
Tooth Brush/tooth paste/floss/mouth wash
Tissues
Wipes
Hand Lotion
Hand Sanitizer
Face Cleanser
Nail Polish
Manicure/pedicure supplies
Mittens/gloves/scarves
Small inspirational books

We will also be including some of the following in the gift bags:

Hearth Fires
Inspiring thoughts written on pretty cards

Thank you for all of the many items and money you have donated for those we have selected to serve in any given year. We hope you will be as involved in this service project as you have been in past years.

FCE Needs YOU!

National FCE is again looking for qualified candidates for positions on the National FCE Board. Positions open for the 2015 election are

- Program Coordinator, Central Region
- Young Families Coordinator
- Public Policy Coordinator, Pacific Region

Nominations for each position shall be mailed to National FCE Headquarters, and the National FCE Secretary with a postmark 60 days before the first day of conference, which this year will be May 23, 2015.

The National FCE Nominating Committee Co-chairs are Jeanne Purich; Atlantic Region Program Coordinator, and Scott Teeples, Pacific Region Program Coordinator, with a committee of the following State FCE Presidents; Diane Doody, Alaska; Sandy Medeiros, Massachusetts; and Martha Crawford Texas. If you are interested in running for a National FCE office, you may contact any of the committee members and they will send you a packet.

Qualifications for office state that each candidate shall be a member in good standing and shall have agreed in writing to the nomination. A candidate shall be serving or have previously served as an appointed or elected officer of her/his state affiliate or have served on the National FCE Board within the preceding eight years. A candidate shall have completed any term of office in the state affiliate or FCE by January 1 of the year following election at National FCE Conference. An officer may not resign from a presently held position in order to run for another FCE position. An individual appointed to fill a vacancy shall be eligible to run for an elected position. A candidate for Program Coordinator shall have experience in educational program planning. A candidate for Public Policy Coordinator shall be experienced in this organization's public policy program. (National FCE Bylaws, Article V, Section 2).

Serving on the National Board is an opportunity for personal growth, serving an organization you believe in and forming lifetime friendships. We ask in return for your commitment of time, effort and loyalty.

The Nominating Committee looks forward to receiving nominations from qualified individuals in each State. Join the board and help us move FCE forward.

Hotel Registration

All conference attendees must make their own room reservations.

Contact:

Adams Point Conference Center/Courtyard Marriot - Phone number-816-228-8100. When making your reservations make sure you use the group name **“National Association for Family and Community Education.”**

Room block will remain open until July 2nd, 2015. After that date, attendees will be able to book rooms at the group room rate above subject to availability. Group room rate is available 3 days pre/post event dates.

Attendees may call (816) 228-8100 individually to book hotel rooms at the \$94.00 rate.

All reservations must be accompanied by a first night room deposit, or guaranteed with a major credit card. Hotel will not hold any reservations unless secured by one of these methods.

Reservations by attendees must be received on or before July 2, 2015.

Room rates: \$94.00 occupancy 1-4 people, plus applicable taxes

All guest rooms include the following:

- In room coffee makers
- TV's with complimentary cable
- Iron and ironing board in each room
- Voice mail
- Hair dryers in each guest room
- Twenty-four hour Business Center
- Complimentary in room wireless high speed

Facility Address:

Courtyard Kansas City East/Blue Springs
1500 North East Coronado Drive
Blue Springs, Missouri 64014 USA

Driving Directions: Follow I-70E to exit 21 (Adams Dairy Parkway) at the end of exit take a right to Coronado Drive and make a left and follow to hotel.

Airport Shuttle Service – Arrangements are being made for transportation from the airport. More information on the shuttle fees and reservation information will be included in your 2015 conference confirmation letter.

FCL for 2015

FCL is the Family Community Leadership program that was designed to develop leadership skills for all of us, whether we have some experience or no experience. The program is designed to help us learn and develop these skills; to come out of our comfort zone.

By taking the FCL training you will not only help gain hours towards your leadership or trainee's certificate, but it will also be a great way to learn and fellowship with new and former friends.

FCL day for the 2015 Conference in Blue Springs, Missouri is on Friday, July 24th. You will learn in the afternoon and then have a chance to present what you have learned in the evening at the FCL Benefit Dinner.

The sessions for FCL are:

TEAM BUILDING is being presented by Marian Hannon and Jean Purich.

Many of us are quite enthusiastic about planning leadership activities, but we often neglect the fact that organizing team building requires thought and effort. It's necessary to see that the team members are comfortable participating in the activity and well suited to the team. This lesson will challenge you to build an effective team and identify potential "leaders".

V is for Very Valuable VOLUNTEERS will be presented by Connie Larrington and Scott Teeple

Recent statistics show that volunteer numbers are declining in America. We will learn who volunteers, why they volunteer and what motivates them. We will also learn skills on encouraging, training and keeping new recruits.

POPPING PILLS: Rx DRUG ABUSE is being presented by Wanda Briddelle and Peggy Martens

Prescription drug abuse is the nation's fastest growing drug problem and has been classified as an epidemic by the Centers for Disease Control and Prevention. Education is the first step to prevention.

What a great line up of subjects for FCL, so fill out your conference registration form and send it in today. All workshop attendees will be given the lesson books and will have hands on experience by being involved in the program.

See you at the 2015 FCL DAY.

WE REMEMBER

Former National Board member Jean Skibinksi passed away February 13, 2015. Throughout her life Jean was interested in writing and public policy. She was the quintessential volunteer. She served as a Public Policy Coordinator on the Board of National FCE, as well as two terms as state president for Delaware.

Membership Notes

Helen Tamke from OR is a 50 year member and shared the following highlight of her membership.

"One of the most important things I'd like to share is a really big "THANK YOU!" to FCE for the leadership and opportunity to learn new updated ideas. The Study Group lessons provided educational information that helped me make a difference for my family and my community and service projects that help others. During the 50 years I have been an OR FCE member the friends I've met and the friendship and fellowship we share really mean a lot to me and will forever."

Donna Michaelson a 50 year member from OR said, "We hired a baby sitter so we could meet." (I was told that the study group hired the babysitter for all those attending.)

Anita Yates, a 60 year member from OR stated "I started after I was married because my mother-in-law said I had to go. Helped start the Holiday Fair and helped with the Spring Festival. I've always enjoyed the cooking lessons and enjoy the social part."

Leila Steele, a 50 year member from OR shared "My mother, I believe, started the Grove Group sometime after we moved there in 1945. I moved back in 1964 and joined the group at that time. She was Washington County Council Treasurer at some point and I was also county council treasurer some time later. I have my mother's pin for her 50 years membership."

Congratulations ladies on your many years of service to FCE.

If you have an interesting story regarding your membership send a note to FCE Headquarters and we will print them in this newsletter.

Remember that space is limited, please be brief.

2015 NATIONAL FCE CONFERENCE TOUR

Thursday July 23rd

8 a.m. - 5 p.m.

\$109

You'll enjoy an exciting day of discovery in the Kansas City area, beginning with the Mormon Center and the Harry S. Truman Library in nearby Independence.

Explore the European style open-air marketplace of Crown Center with its fountains, statues, mosaics, restaurants and shopping at one-of-a-kind stores; then stop at Hallmark Plaza.

Finally, we'll visit the Arabia Steamboat Museum with a full-size reproduction and some recovered artifacts from the steamboat which sank in the Missouri River in 1856.

Tour must have 15 registrants before transportation and venues are guaranteed.

Reservations due by June 15

Name _____

Thursday, July 23

Address _____

\$109.00

\$ _____

City, State, Zip _____

Phone _____

Email _____

Total Enclosed

\$ _____

Make checks payable to and mail to:

D'Lightful Tours

3672 H Road

Dunbar, NE 68346

402-269-2616

308-246-5383

darudolph46@gmail.com

hsteenson@juno.com

Charlene Budd

Charlene Budd, from Tennessee, is currently serving on the National Board as the Treasurer. Charlene has been a member of FCE for 29 years. She has held an office for 25 of those 29 years. When asked why she ran for the board she simply says because she was asked to run by her state President.

Charlene brings many talents and strengths to the board, one is her attention to detail and one other is that she really likes people and works well with others.

Charlene is supported in her board service by her husband Phillip. She also has 2 daughters, 3 grandchildren, 2 step-grandchildren and 2 great granddaughters that help keep her life full. She assists her husband in raising a herd of 46 registered Piedmontese beef cattle as a University of Tennessee trained Advanced Master Beef Producer. They sell their beef directly to the consumer. They also have a herd of 13 llamas that are used as guardian animals for the cattle, along with their two Great Pyrenees and one Australian Shepherd dogs. Can you tell that they enjoy animals??

In their spare time, they enjoy cruising as she and Phil are also Accredited Cruise Agents.

Charlene is kept very busy with her duties on the board, and she says that one of her main interests right now is volunteering. She says her real passions are sewing and beading and that she also likes to knit.

An Interview with Ardyce Snyder Vice President for Public Policy

Ardyce Snyder, was recently widowed, she has 1 sister and 2 brothers. Ardyce says "I never had any children, but have lots of nieces and nephews of various ages that say I am their favorite Aunt!!!!!!!"

Ardyce has spent 20 years in North Dakota FCE, and was involved in Montana also.

Why did you run for the National board?

"FCE has given me strength to grow and think outside of my comfort zone in many ways and I wanted to be a part of this organization that has given me these qualities and help FCE grow in any way that I can help, even if it is a small step."

What keeps you busy (job, hobbies, volunteering, family, etc):

"work for a real estate company as the office manager and real estate agent; have my own tax and bookkeeping service; IRS Enrolled Agent. I volunteer for several organizations in our community and when I have time I like to sew and quilt, read, visit family and friends, and window shop."

Marian Hannon

Marinan is married to her wonderful husband Bob Hannon, who helped with the 2014 Annual conference in Tucson AZ, and also helped with the fundraiser ideas. They have a daughter, Kerry Stratford, and her husband Herb and grandson Matthew, who is 18 years old, and senior in high school.

Marian has been involved in FCE for 47 years.

Why did you run for a National Board Position?

I really didn't have a thought of running for a board position because I thought I was "too old" and had missed my chance when I had my heart surgery in 2000.

When I went with Betty Schalk, Judy Fullmer and Margaret Mai on the onsite tour of hotels, we sat and talked about the Pacific Region position being open. I guess I had a weak moment when they said "it's never too late! And I said "where do I sign up." That was the best decision I ever made in my FCE career. I've been able to give back to the organization that has meant so much to me. It's been such a wonderful, exciting learning experience working on the National board with special people who I consider my best friends.

What keeps you busy (job, hobbies, volunteering, family, etc):

I've really been busy working on the National Board these past two plus years and also at the local level. Our county was planning the 19th annual CC! workshop in September of 2014. I have been a presenter every year and help plan the workshop. I keep busy working in my garden planting flowers – hibiscus, amaryllis, tropical bird of paradise, succulents, challenging plants in the desert. Bob and I enjoy traveling and spending time in the White Mountains of Arizona in the summer. I play bridge once a week and an occasional game of tennis. I love taking care of our grand dog, Cody, a year and a half old Pomski puppy. We also enjoy being with our daughter and her family during the holidays and during Christmas break skiing in the White Mountains.

NEW HEARTH FIRE SERIES

Hope on the Horizon

Finding, Recruiting and Retaining new FCE Members
What do you see for the future of the National Association for Family and Community Education (FCE) at the National, State and Local level? Do you see a decline in total membership due to various reasons? Do you believe that the end of FCE is coming soon? Let me assure you that nothing could be further from the truth, but you will need to be part of the solution. It will not be easy but it can be done. There is "Hope on the Horizon".

This Hearth Fire is for every member. This is a great lesson to talk about all the great memories you've had over the years and reflect upon who we are as an organization. Celebrate "joined" days with a birthday cake and candles. How many candles would go on *your* cake?

You, your family, and your community are much better because of your commitment to service and education. You've given hope. And there is still more "Hope on the Horizon."

Advance Directives ~ Do I Want/Need Them?

Advance Directives are written documents that allow you to state how you want to be cared for at the end of your life. You'll learn about Power of Attorney for Health Care, Living Wills and Do Not Resuscitate orders and why they are important.

More than 80% of people die in a hospital or nursing home. In cases such as these, sometimes a person doesn't know what to do for a loved one or how to be prepared so loved ones can make choices for us. Sometimes reading about legalities can be confusing. This Hearth Fire will make you aware of what to prepare for and answer those tough questions in a way that you can understand.

This Hearth Fire is great to have for yourself, but what about your friends? Remember to get some for them, too!

Someone's asking... What is Maternal Health?

This Hearth Fire is about a critical topic about this fact: Every day, approximately 800 women die from preventable causes related to pregnancy and childbirth. Is someone asking "Why?" and "What can we do about it?" Attendees of the 2013 ACWW triennial conference did and passed a resolution for member societies to urge governments to provide a well-trained and resourced quality maternity health service and to improve health education for all women and girls to ensure the best outcomes for mother and baby.

This Hearth Fire provides education for women. At the conference, participants will learn how they can be a part of the solution and make improvements in our communities. Join us in protecting women and babies. Educate yourself and others by providing this Hearth Fire in your area.

EUNICE MASUMURA

Eunice Masumura - South Oahu's spry and energetic member turned 100 years young on Feb. 22, she was born in Makawao, Maui. She worked and was raised on a farm that her family owned where she went to school barefooted until the 8th grade. She graduated from Maui High School and attended Hawaii College, now known as University of Hawaii. Tuition at UH was \$25.00/year and to meet ends meet, she worked as a live in maid where she had a room and toilet.

Eunice got married after her sophomore year. She took a 20 year absence to raise her four children during this time she worked and retired from Sears Roebuck.

As a 52 year member, Eunice started with the Waialae Mother's Club back in the late 1940's (during its organization period) and served as Hawaii's President from 1951-52. Her involvement remains as the organization changed from Mother's Club to Home Demonstration to Extension Homemakers (only in Hawaii the organization was known as University Extension (UE), to Family and Community Education.

With FCE in her HEART, she rejoined the Waialae Club. When Waialae Club disbanded Eunice joined the Kaimuki FCE club. Eunice still attends the South Oahu Board/Council meetings, state conventions, and is presently serving as secretary for the Kaimuki Club for over 10 years.

Eunice is very active in the Waialae Baptist Church. She has been a member for several decades and until recently she was in charge of the day care nursery. She still helps out at the nursery whenever she's able to.

South Oahu is so proud to have such a great leader, an inspiration, and a motivating mentor in our organization. Eunice - We wish you a hearty birthday.

COME TO CONFERENCE

Come be a part of the National FCE Conference in Blue Springs, Missouri on July 23 to 26, 2015. Kansas FCE will host the conference with Missouri FCE lending a hand. Remember; Presidents Day and tour, the member's tour, as well as the Opening Session begin on Thursday the 23 of July!

Your room at the Courtyard by Marriott is bright and cheery with free high speed internet access. Other amenities include: indoor pool & spa, exercise facility, HBO, free cable, flat-panel television, and 24 hour coffee bar. A washer and dryer are on the premises. Parking is free.

Most meeting rooms, workshop rooms, sales & silent auction room, meal room, and office are on the main floor making it easier to walk to events. The temperature in Blue Springs will be warm, but as you know, while in a hotel the temperature can vary. You may want to bring a sweater or jacket for your comfort.

The National FCE board is planning educational and interesting programs and workshops. Some of the sessions will include: Help Stop Trafficking of Women, four new Hearth Fires, and three new FCL workshops, and MORE. And don't forget the FCL Benefit Dinner, the Silent Auction, T-Shirt Contest, introduction of state presidents, board reception and the Future Stars. This is only a sampling, there is much more, so come, have a memorial experience at the 2015 National FCE Conference. It's an opportunity to meet new friends, renew old friendships, be inspired by speakers, learn new things, expand your leadership skills and best of all have fun.

For first timers – we hope this will be the beginning of many years that you will join other FCE members at National Conference.

If you have any questions or ideas, please let me know.

Betty Schalk, twoschalk@yrless.net, 573-785-2972

Chairman, 2015 NAFCE Conference

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